Abuse at nursing care facilities

1. The shocking murders of three elderly residents in a nursing care home in Kawasaki — allegedly by a care worker at the facility — should also shed light on the growing problem of abuse of elderly residents by care workers at such facilities, often blamed on a chronic manpower shortage due to low wages, the tough workload and high turnover of employees. While more details of the case need to be exposed in the criminal investigation of the 23-year-old care worker, including his motives behind the killings, efforts to prevent the recurrence of such acts cannot **bypass scrutiny** of the working conditions of care workers.

(bypass:回避する scrutiny:調査)

2. As Japan's population rapidly ages, demand for care workers is expected to <u>outstrip</u> supply. The Abe administration seeks to increase the capacity of nursing care homes to accommodate 500,000 more people by the early 2020s. But such a move without sufficient manpower could make matters worse. The government should face up to the need to improve the conditions of, and support for, care workers. (outstrip: $\cancel{E} \perp \square \Im$)

3. Hayato Imai was arrested this week on suspicion of killing an 87-year-old male resident of the elderly home with nursing care services in November 2014 by throwing him off the veranda of his fourth-story room. He has also reportedly confessed to similarly killing two others — women aged 86 and 96 — the following month. The suspect has been quoted by police as saying that he had been "offended by the remarks and behaviors" of residents at the facility and he had various troubles on the job. In May, Imai had been arrested and convicted of stealing the wallet of one of the home's residents and was subsequently fired.

4. A recent Health, Labor and Welfare Ministry report shows that there were 300 confirmed cases of senior residents at nursing care homes being abused — physically or otherwise — by workers at the facilities across the country in fiscal 2014. The record figure, double that of 2012, is believed to represent just the tip of an iceberg because many cases go unreported to local municipalities. There were more than 1,100 cases where abuse was suspected but could not be confirmed.

5. The operator of the Kawasaki facility -a major nursing care service firm based in Okayama -a dmitted in November that over the past two years abuse by care workers had taken place in about 20 percent of the facilities it runs across the country, including cases that had not been reported to the authorities.

6. About 80 percent of the victims of abuse at nursing care facilities suffer from **senile dementia**. The three victims at the Kawasaki facility reportedly suffered from senile dementia and memory disorder. Physical violence accounts for the largest number of abuse cases, followed by psychological abuse, theft and **embezzlement**, and neglect. The problem is that such abuse mostly takes place behind closed doors where only the caregiver is present with the victim — and may not be discovered unless family members pay a visit to the facility and learn of the abuse from the victim. (senile dementia:老人性認知症, embezzlement:横領, 着服) 7. The largest group of care workers accused of abusing elderly residents of the nursing care facilities — or 22 percent of the total — were younger than 30. According to the health ministry, workers at nursing care facilities quit the job after an average of 5.7 years — less than half the all-industry average of 12.1 years. The high **turnover** of workers is attributed to low wages — ¥100,000 lower than the all-industry average — and the physically demanding work. The Kawasaki facility, which accommodated 70 residents, including some who required help eating and going to the bathroom, had 41 care workers — more than half of whom had less than three years of experience on the job.(turnover:離職率)

8. In December, there were 3.06 job openings in the nursing care service sector per each job seeker — way above the national average of 1.27. The chronically acute staff shortage is said to lead many operators of nursing care facilities to turn to people with little or no experience or training in the job to fill manpower needs. Many of them quit after a short period, increasing the already heavy workload on the staff who remain. It is reported that such staff, who eventually can **feel cornered** and isolated, may subsequently vent their frustration by abusing their **charges**. The health ministry report cites problems in the care workers' education, knowledge and technique, their mental stress, as well as their character and qualifications.

(feel cornered:追い詰められる charge:通例 charges で世話をまかされた人)

9. It is not clear what triggered the suspect in the Kawasaki case to kill the three elderly residents. But there are clues to what prompts many care workers to abuse the elderly residents of their facilities — and those causes should be addressed. [Feb 19, 2016 Japan Times]

\bigstar Ice breaker for active discussion

- 1. Please summarize what happened in Kawasaki nursing care facility.
- 2. What is your opinion regarding the incident?
- 3. Have you experienced taking care of elderly people or
- have you visited a nursing care facility? Please share your experience.4. Some people think that there's a stigma in sending family members to such facilities. What is your opinion about it?
- 5. How can we make the turnover of caregivers lower?
- 6. Please make sentences using the following vocabularies: bypass, scrutiny, outstrip, embezzlement, turnover, vent, trigger and clue.

NEWS de TALK by PHILOS

厚労省によると確認された高齢 者虐待は1万6039件(2014年) で、介護施設や職員による虐待は 過去最多の300件と、2年間で倍 増した。認知症の入所者との意思 疎通の難しさや人手不足による 職員のストレスも指摘される。 また職員の平均月収は22万円で 全産業平均を11万円下回り、仕 事の割に賃金が低く、介護プロの 養成も困難とされる。